

# **RECREATION FACILITY SCHEDULE - FALL 2024**

Pool Schedule: September 3 - December 21, 2024

\*UPDATED October 15, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LANE SWIM/ WATER WALKING 6:30 - 8:45 AM		LANE SWIM/ WATER WALKING 6:30 - 8:45 AM		LANE SWIM/ WATER WALKING 6:30 - 8:45 AM		
GENTLE FIT 8:45 - 9:15 AM one shallow lane, hot tub & sauna available to 16+		GENTLE FIT 8:45 - 9:15 AM one shallow lane, hot tub & sauna available to 16+		GENTLE FIT 8:45 - 9:15 AM one shallow lane, hot tub & sauna available to 16+		
AQUA FIT 9:30 - 10:30 AM		AQUA FIT 9:30 - 10:30 AM		AQUA FIT 9:30 - 10:30 AM	LANE SWIM/ WATER WALKING 9:15 - 10:30 AM	
PUBLIC SWIM 10:30 - 12:00 PM		PUBLIC SWIM 10:30 - 12:00 PM		PUBLIC SWIM 10:30 - 12:00 PM	PUBLIC SWIM 10:30 - 12:00 PM	CLOSED
	LANE SWIM / WATER WALKING 12:15 - 1:15 PM					
	PUBLIC SWIM 1:15 - 3:00 PM		PUBLIC SWIM 1:15 - 3:00 PM		PUBLIC SWIM 1:15 - 3:00 PM	
LANE SWIM / WATER WALKING 5:15 - 6:30 PM  Visit sparwood.						
EVENING AQUA FIT		FREE	for the most of			rent schedules.
6:45 - 7:45 PM 16+ HOT TUB/SAUNA 6:30 - 8:00 PM	PUBLIC SWIM 6:30 - 8:00 PM	PUBLIC SWIM 6:30 - 8:00 PM	PUBLIC SWIM 6:30 - 8:00 PM			

### **RENTAL SKATES**

\$2.96/rental in-house. See the Leisure Centre front desk to rent skates.

We have Bauer Supreme Hockey Skates in sizes Y10 - S12 & Bauer React Figure Skates in sizes S5 - S9.

- ★ Skate & Shoot is an un-supervised recreation time. All users are encouraged to wear safety equipment.
- ★ Public skate schedules may change due to facility rentals and tournaments. Please visit sparwood.recdesk.com for calendars and more information.

## Arena Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	PUBLIC SKATE 11:00 - 12:00 PM			NO SCHOOL FRIDAYS YOUTH SKATE & SHOOT 11:00 - 12:00 PM		
16+ SKATE & SHOOT 12:00 - 1:00 PM	ALL AGES STICK & PUCK 12:00 - 1:00 PM	16+ SKATE & SHOOT 12:00 - 1:00 PM		16+ SKATE & SHOOT 12:00 - 1:00 PM		
ICE AVAILABLI	E TO RENT	PUBLIC SKATE 1:00 - 2:00 PM		NO SCHOOL FRIDAYS GIRLS SHINNY 1:15 - 2:15 PM		PUBLIC SKATE 3:15 - 4:45 PM
Call 250.425.05 recoffice@sparwo and availabl	52 or email od.ca for rates			PUBLIC SKATE 7:15 - 8:15 PM	Visit sparwo	TTO CHANGE ood.recdesk.com current schedules.

# Fitness Schedule: September 3 - December 21, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
GENTLE FIT 8:45 - 9:15 AM	FIT & FUNCTION	GENTLE FIT 8:45 - 9:15 AM		GENTLE FIT 8:45 - 9:15 AM	SUBJECT T	O CHANGE d.recdesk.com
AQUA FIT 9:30 - 10:30 AM	9:00 - 9:45 AM FLEXABILITY 9:50 - 10:20 AM	AQUA FIT 9:30 - 10:30 AM		AQUA FIT 9:30 - 10:30 AM	fitness classes. Mir	is required for all imum registration
					required or classes  Register @ sparw  Black - Drop in o  Blue - Aquatic fi	ood.recdesk.com dryland pass classes.
	HIIT SPIN 5:30 - 6:00 PM		HIIT SPIN 5:30 - 6:00 PM			
TABATA 6:30 - 7:15 PM	BARRE 6:15 - 7:00 PM	SOMATIC MOVEMENT 6:30 - 7:15 PM	BARRE 6:15 - 7:00 PM			
YOGA 7:15 - 8:00 PM		YOGA 7:15 - 8:00 PM				

### **FITNESS CENTRE**

\*Our fitness room has a great selection of cardio equipment (new in 2022), a Universal Gym, a TRX harness as well as free weights ranging from 2 - 70 lbs. Indoor shoes only. \*\*One 24 hour key FOB access is \$25.22 (tax incl.) and only available with an Active Living Pass or a one month pass and in person at the Leisure Centre Office.

### **RATES**

## DROP IN RATES

Infant (2 & under)	FREE	Senior (65+)	\$5.40
Preschool (3-5 years)	\$3.00	Adult	\$6.90
Child (6-12 years)	\$4.00	Family	\$15.60
Student (13-25 with student ID card)	\$5.40	Climbing Wall	\$4.50
Shower	\$2.90		

### **DROP IN TICKETS (X 12)**

Preschool	\$31.50	Adult	\$72.45
Child	\$42.00	Family	\$163.80
Student/Senior	¢56.70		

Drop-in admission or ticket provides the bearer with access to public swims, public skates, drop in fitness classes and the fitness centre for a single admission. \*Tickets valid for 3 years.

### **ONE MONTH PASSES**

Preschool	\$25.50	Adult	\$74.58
Child	\$42.20	Family	\$166.59
Student/Senior	\$55.11		

A monthly pass provides the bearer with thirty (30) days of consecutive access to public swims, gentle/aqua fit classes, public skates, climbing wall, and the fitness centre.

District of Sparwood Community Services 367 Pine Avenue, Box 520, Sparwood, BC V0B 2G0 Phone: 250.425.0552

Email: recoffice@sparwood.ca sparwood.recdesk.com

### **ACTIVE LIVING PASSES**

Preschool	Annual	\$221.85	Child	Annual	\$315.61
Student/ Senior	Annual	\$408.38	Adult	Annual	\$555.96
			,	Annual	\$1119.42

An Active Living Pass provides the bearer with 365 consecutive days of access to public swims, public skates, the fitness centre, racquet courts, climbing wall, and drop-in fitness classes. The Annual ALP can be paid in 6 consecutive monthly installments (conditions apply).

### **RACQUET COURTS**

Child Drop in	\$4.50	Adult (AM) Drop in	\$8.05
Student/Senior Drop in	\$8.05	Adult (PM) Drop in	\$9.55
Student/Senior 10	\$68.43	Adult 10 Tickets	\$81.18
Tickets			
Wallyball	\$ 4.50		\$ 47.25
Wallyball 12 Tickets	\$47.25		

#### **ELK VALLEY ACCESS PASS**

General \$428.26 + tax Family \$901.52 + tax

An Elk Valley Regional Access Pass provides the bearer with 365 consecutive days of access to drop in facilities including public skates, public swims and fitness rooms at the Sparwood Leisure Centre, Fernie Memorial Arena, Fernie Aquatic Centre, Elkford Recreation Centre and Elkford Aquatic Complex. \*Sparwood only facility with a fitness centre.

Office Hours:

Monday to Friday: 7:00 am - 8:00 pm Saturday & Sunday: 9:00 am - 4:00 pm Closed Statutory Holidays

